

## **By Dawn Anderson**

## Los Angeles Sheriff's Department Band

## A TRADITION OF SERVICE **THROUGH MUSIC**

hile the LASD Band has been silenced for performances this year, we have been rehearsing and working on a virtual concert. We hope to have it ready by October and posted on our website at LASDBand.org.

Our rehearsals at the Sherman Block Building were stopped for a few months, and now we are rehearsing in small groups of 10 or fewer. But just getting together and playing is good for our souls. Attending rehearsals gives our members something to look forward to and gives us a glimpse of how life used to be. We are looking forward to next year when we hope life will be somewhat normal, and we will again be able to perform for the citizens of Los Angeles County.

Recently, we were contacted to play "Taps" for the lowering of the flag ceremony for the City of Lakewood, which took place on September 11, 2020. The event was live streamed for the citizens of Lakewood.

We were also invited by the American Legion Ronald Reagan-Palisades Post 283 and the Veterans National Entertainment Workshop (VNEW) to participate in a virtual video concert. The concert,

A Salute to First Responders, saluted first responders during the COVID-19 pandemic with a free online concert featuring first responders and U.S. military veterans performing original and popular songs. A diverse cast of nurses, doctors, paramedics, police, firefighters and military veterans sang songs and played music that inspires them during these difficult times. The Los Angeles Sheriff's Department Band, along with the National Virtual Medical Orchestra with Grammy and Emmy-nominated composer Jimmy Dunne, were spotlighted. The program was hosted by comedian BJ Lange with feature thank-yous from L.A. Mayor Eric Garcetti and other elected officials. The concert aired online for free on Friday, September 11, 2020, and will remain online for viewing after the premiere at www.alpost283.com and www.vnew.org.

We are proud to have been a part of such a worthy cause, and we will also be able to post the concert

on our website at LASDBand.org after the premiere on September 11. Like the LASD Band, the VNEW copes with issues through music. While our mission is to portray a positive image of the Los Angeles Sheriff's Department through music, the VNEW helps military veterans cope with stress, homelessness and other challenges while finding a community through music.

Music is a great healer. Music keeps us connected and engages us mentally as well as physically. Playing in a concert band improves our health and keeps us young at heart!

Please call us for your Sheriff's Department musical needs and events, such as retirements, celebrations or holiday/patriotic festivities. We are here for you!

If you play an instrument or previously played an instrument, it may be time to dust it off and join the LASD Band. If you would like to have one of our bands perform for an event, either the dance band or concert band (subject to Department guidelines), please contact me at Dawn.LASDBand@gmail.com. Please visit our website, LASDBand.org. ☆









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